

# March 2017

## DC WEST COMMUNITY SCHOOLS

### BREAKFAST

#### **BREAKFAST PRICES**

PK/Elem	\$1.40
MS/HS	\$1.40
Visitor/Adult	\$2.10

\*Menu Subject to Change

### March 6 – 10 is National School Breakfast Week



#### Monday

***This institution is an equal opportunity provider***

#### **Nat'l School Breakfast Week**

Strawberry Yogurt Bark & Granola Bar OR Assorted Cereal w/Nugget Bites, Variety of Fruit, Assorted 100% Fruit/Veg Juice

French Toast w/Syrup OR Bacon & Cheese Scramble on Warm Tortilla, Variety of Fruit, Assorted 100% Fruit/Veg Juice

Ham & Cheese Taco-Go OR Assorted Cereal w/Toast, Variety of Fruit, Assorted 100% Fruit/Veg Juice

Warm Sausage Croissant OR Assorted Cereal w/Toast, Variety of Fruit, Assorted 100% Fruit/Veg Juice

#### Tuesday

DC West offers a variety of fruits & vegetables daily to meet the needs of [choosemyplate.gov](http://choosemyplate.gov) which recommends half your plate consists of colorful fruits & veggies

Brainy Berry Blizzard & Giant Dipping Goldfish OR Bacon Breakfast Toast, Variety of Fruit, Assorted 100% Fruit/Veg Juice

**Happy Early St Pat's Day**  
St. Pat's Donut OR Patty's Day Smoothie w/Nugget Bites, Variety of Fruit, Assorted 100% Fruit/Veg Juice

Warm Bagel w/ Cream Cheese OR Sausage Breakfast Pizza, Variety of Fruit, Assorted 100% Fruit/Veg Juice

B&C Scramble OR Assorted Cereal, Mini Cinnamon Roll, Variety of Fruit, Assorted 100% Fruit/Veg Juice

#### Wednesday

**Nat'l Peanut Butter Lovers Day**  
Uncrustables (Grape or Strawberry) OR Assorted Cereal w/Teddy Grahams, Variety of Fruit, Assorted 100% Fruit/Veg Juice

**Nat'l Pancake Day**  
Warm Pancakes w/Syrup OR Egg Muffins, Variety of Fruit, Assorted 100% Fruit/Veg Juice

**NO SCHOOL**

**Nat'l Corn Dog Day**  
Mini Breakfast Sausage Nuggets OR Pop Tart w/Cheese Stick, Variety of Fruit, Assorted 100% Fruit/Veg Juice

Cheesy Omelet w/ Golden Hash Browns OR Hot Coco Wheats w/ Warm Churro, Variety of Fruit, Assorted 100% Fruit/Veg Juice

#### Thursday

Warm Biscuits & Sausage Gravy OR Cooks Choice, Variety of Fruit, Assorted 100% Fruit/Veg Juice

Strawberry Sunrise Smoothie & Mini Muffin OR Assorted Cereal w/ Mini Muffin, Variety of Fruit, Assorted 100% Fruit/Veg Juice

**NO SCHOOL**

Banana Split Muffin w/ Yogurt Cup OR Assorted Cereal w/ Banana Split Muffin, Variety of Fruit, Assorted 100% Fruit/Veg Juice

Cinnamon Breakfast Round w/Yogurt OR Combo Bar w/Yogurt, Variety of Fruit, Assorted 100% Fruit/Veg Juice

#### Friday

Mini Donuts OR Assorted Cereal w/ Toast, Variety of Fruit, Assorted 100% Fruit/Veg Juice

Peanut Butter Cereal Bar w/Yogurt Cup OR Breakfast Sausage Round, Variety of Fruit, Assorted 100% Fruit/Veg Juice

**NO SCHOOL**

Breakfast Pretzel w/ Cheese Cup OR Egg & Cheese Breakfast Biscuit, Variety of Fruit, Assorted 100% Fruit/Veg Juice

Uncrustables (Grape or Strawberry) OR Apple Bosco Stick, Variety of Fruit, Assorted 100% Fruit/Veg Juice