

<b><u>LUNCH PRICES</u></b>	PK/Elem	\$2.40
	MS/HS	\$2.65
	Visitor/Adult	\$3.40

\*Menu Subject to Change

By providing healthy food for your kids, you can help stabilize their moods and energy levels, sharpen their minds, and give them the best opportunity to grow into healthy, confident adults.



### Monday



Chicken Enchilada w/ Vegetable Garnish OR Homemade Birds Nest Pie, Edamame, Mixed Fruit, Fruit & Veggie Bar **6**

Cheeseburger Twins OR Ham Scalloped Potatoes w/Bread Slice, Asian Noodle Salad, Diced Peaches, Fruit & Veggie Bar **13**

Happy 1<sup>st</sup> Day of Spring! Chicken Nuggets OR Mini Pizza Calzones w/ Sauce, Baked Beans w/ Franks, 100% Fruit Slushy Cup, Fruit & Veggie Bar **20**

Beef Walking Taco OR Sizzling Chicken Fajitos, Cilantro Black Bean Fiesta, Frozen Peach Cup, Fruit & Veggie Bar **27**

### Tuesday

DC West offers a variety of fruits & vegetables daily to meet the needs of [choosemyplate.gov](http://choosemyplate.gov) which recommends half your plate consists of colorful fruits & veggies

Hoagie Sandwich Bar OR BBQ Pork Pretzel Sandwich, Curly Fries, Sweet Mandarin Oranges, Pudding, Fruit & Veggie Bar **7**

Happy Early St Pat's Day - Wear Green! Hot Dog on Bun OR Homemade Shepherd's Pie, Smile Fries, Green Grapes, Lucky Charms Trail Mix, Fruit & Veggie Bar **14**

Salisbury Steak w/ Mushroom Gravy OR Turkey & Gravy, Loaded Mashed Potatoes, Cinnamon Apple Slices, Fruit & Veggie Bar **21**

Ravioli w/Creamy Spaghetti Sauce & Garlic Bread OR Breaded Pork Steak w/Mac & Cheese, Parmesan Crumb Broccoli, Fresh Orange Slices, Fudge Bar, Fruit & Veggie Bar **28**

### Wednesday

Nat'l Peanut Butter Lovers Day Grilled Cheese Sandwich w/Tomato Soup OR World-Famous Crisritos w/Cheese Sauce, Celery Sticks w/Peanut Butter Cup, Fresh Cubed Watermelon, Fruit & Veggie Bar **1**

Nat'l Potato Salad Da Chicken Filet on Bun OR Sloppy Joe on Bun, Home-Style Potato Salad, Sweet Blueberries, Fruit & Veggie Bar **8**

**NO SCHOOL** **15**

Nat'l Corn Dog Day State Fair Corn Dog OR Chicken Parmesan w/ Spaghetti Marinara, Cheesy Green Beans, Strawberries, Fruit & Veggie Bar **22**

Cinnamon Glazed French Toast w/ Sausage OR Chicken Quesadilla, Seasoned Fries, Fresh Fruit Medley, Fruit & Veggie Bar **29**

### Thursday

Pasta w/Meat Sauce OR Shredded Pork Queso Nachos, Fresh Spinach Salad, Fresh Cutie Clementine, Surprise Dessert, Fruit & Veggie Bar **2**

Nat'l Meatball Day BBQ Meatballs w/ Mozzarella Cheese Sticks OR Sweet & Sour Chicken w/Veggie Rice, Steamed Broccoli, Diced Pears, Strawberry Shortcake Cookie, Fruit & Veggie Bar **9**

**NO SCHOOL** **16**

Nat'l Chip & Dip Day Mexican Bean Dip Cup w/Tri-Colored Tortilla Chips OR Beefy Queso Dip w/ Tortilla Chips, Homemade Salsa, Fruit Cocktail, Warm Churro, Fruit & Veggie Bar **23**

Teriyaki Chicken w/ Stir-Fry Noodles OR Fiestada, Steamed Carrots, Pineapple, Jello Cake, Fruit & Veggie Bar **30**

### Friday

Hamburger on Bun OR Breaded Fish Taco, Confetti Cabbage Slaw, Fresh Apple Slices, Fruit & Veggie Bar **3**

Mini Cheese Personal Pizza OR Sliced Beef Gyro, Glazed Carrots, Fresh Fruit, Fruit & Veggie Bar **10**

**NO SCHOOL** **17**

Chicken Taco Salad OR Fish Melt Sandwich, Sweet Peas, Strawberry Applesauce, Fruit & Veggie Bar **24**

Cheese Bread Dunkers w/Sauce OR Cook's Choice, Ranch Broccoli & Cauliflower, Red Grape Clusters, Fruit & Veggie Bar **31**