



Douglas County West
Community Schools



Breakfast

SEPTEMBER

2014



monday

tuesday

wednesday

thursday

friday

1

LABOR DAY - NO
SCHOOL

2

Bagel & Cream Cheese
OR Cereal and Toast,
Fruit

3

Ham & Cheese English
Muffin OR Cereal and
Toast, Fruit

4

Scrambled Eggs &
Toast OR Cereal and
Toast, Fruit

5

Muffin & Yogurt OR
Cereal and Toast, Fruit

8

Egg Omelot & Toast
OR Cereal and Toast,
Fruit

9

Sausage Link w/
Biscuit & Gravy OR
Cereal and Toast, Fruit

10

Ultimate Cookie &
Yogurt OR Cereal and
Toast, Fruit

11

Mini Pancake/Sausage
Nuggets OR Cereal
and Toast, Fruit

12

Pop Tart & String
Cheese OR Cereal and
Toast, Fruit

15

Breakfast Burrito OR
Cereal and Toast, Fruit

16

Egg Biscuit OR Cereal
and Toast, Fruit

17

French Toast Sticks OR
Cereal and Toast, Fruit

18

Long John OR Cereal
and Toast, Fruit

19

Apple Bosco Stick OR
Cereal and Toast, Fruit

22

Breakfast Pizza OR
Cereal and Toast, Fruit

23

Cinnamon Streusel &
Yogurt OR Cereal and
Toast, Fruit

24

Combo Bar & English
Muffin OR Cereal and
Toast, Fruit

25

Biscuit & Sausage
Gravy OR Cereal and
Toast, Fruit

26

Cinnamon Roll OR
Cereal and Toast, Fruit

29

Waffle Sticks OR
Cereal and Toast, Fruit

30

Ham & Cheese English
Muffin OR Cereal and
Toast, Fruit

1

Bagel & Cream Cheese
OR Cereal and Toast,
Fruit

2

Scrambled Eggs &
Toast OR Cereal and
Toast, Fruit

3

Muffin & Yogurt OR
Cereal and Toast, Fruit



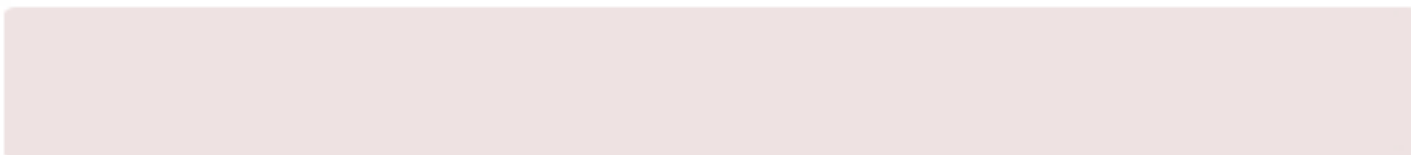
Douglas County West Community Schools



Lunch

SEPTEMBER

2014



monday

tuesday

wednesday

thursday

friday

1

LABOR DAY - NO SCHOOL

2

Pork Patty on Bun (PK)
OR Hamburger on Bun, French Fries, Fruit Cocktail

3

Beef Nachos (PK) OR Grilled Chicken Taco Bowl, Refried Beans, Strawberries

4

Chicken Parmesan w/ Pasta (PK) OR Taco Wrap, Cucumber Salad, Rosy Applesauce

5

Chicken & Noodles (PK) OR Burrito w/ Cheese Sauce, Tator Tots, Cantaloupe

8

Rib Patty on Bun (PK) OR Chicken Quesadilla, Baked Beans, Pineapple

9

Chicken Tetrizzini (PK) OR Corn Dog on a Stick, Broccoli Salad, Peaches

10

Beef Taco (PK) OR Italian Chicken Patty on Bun, Curly Fries, Raisins

11

Meatball Sub (PK) OR Chicken Fajitas, Cauliflower, Grapes

12

Mandarin Orange Chicken w/ Rice (PK) OR Breaded Beef Sticks, Potato Cubes, Frozen Fruit Cup

15

Breaded Chicken on Bun (PK) OR French Dip, Potato Wedges, Mandarin Oranges

16

Beef Lasagna (PK) OR Grilled Chicken Wrap, California Mixed Veggies, Peaches

17

Crispitos (PK) OR Breaded Beef Patty on Bun, Corn, Cherry Fluff

18

Smiley Chicken (PK) OR Ham Wrap, Smiley Fries, Watermelon

19

Stuffed Crust Pizza (PK) OR Fish Sandwich, Italian Veggie Salad, Banana

22

Mini Corn Dogs (PK) OR Chicken Alfredo, Peas, Cinnamon Apples

23

Pasta w/Meat Sauce & Bread Stick (PK) OR Spicy Chicken Wrap, Green Beans, Orange Slices

24

BBQ Pork on Bun (PK) OR Beef Quesadilla, Baby Carrots, Pears

25

Chicken Nuggets (PK) OR Toasted Cheese & Tomato Soup, Broccoli, Fresh Fruit Medley

26

French Toast Sticks & Sausage (PK) OR Hoagie, Tri Tator, Frozen Fruit Cup

29

Taco Salad Bowl (PK) OR Scalloped Potatoes & Ham, Corn, Applesauce

30

Chicken & Gravy w/ Mashed Potatoes(PK) OR Turkey BLT Wrap, Tropical Fruit, Dinner Roll

1

Hot Dog on Bun (PK) OR Chili w/Crackers, Celery Sticks, Mandarin Oranges,

2

Hawaiian Meatballs (PK) OR Teriyaki Chicken, Rice, Green Beans, Fresh Fruit

3

Chicken Strips (PK) OR Mexican Taco Dip w/ Tortilla Chips, Baby Carrots, Pears