



## BREAKFAST

# MARCH 2024

## Douglas County West Community Schools

Menu subject to change

Breakfast Prices:

Pre-k/Elem: \$1.65

MS/HS: \$1.65

Adult/Visitor: \$2.75

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

1

Donut variety  
OR  
Breakfast pizza  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

8

NO SCHOOL

15

NO SCHOOL

22

NO SCHOOL

29

Dutch waffle/fresh fruit  
OR  
Breakfast sandwich  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

7

**National Cereal Day**  
Assorted cereal/toast  
OR  
Biscuit/sausage gravy  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

14

Fruit frudel  
OR  
Breakfast mash/toast  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

21

NO SCHOOL

6

Pigs-n-blanket  
OR  
Bagel-ful  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

13

French toast sticks  
OR  
Assorted cereal/graham crackers  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

20

NO SCHOOL

5

Breakfast sandwich  
OR  
Assorted cereal/toast  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

12

Eggstravagenza flatbread  
OR  
Berry trio parfait  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

19

NO SCHOOL

4

Mini pancakes  
OR  
Muffin/yogurt cup  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

11

Oatmeal round/go-gurt  
OR  
Warm banana bread  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

18

NO SCHOOL

25

Warm bagel/cream cheese cup  
OR  
Breakfast pretzel/cheese cup  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

26

Assorted cereal/goldfish  
OR  
Scrambled eggs/smile fries  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

27

Biscuit/sausage gravy  
OR  
Assorted cereal/warm churro  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

28

Lucky rainbow parfait  
OR  
Combo bar/toast  
Variety of fruit  
100% fruit/veg juice  
Low fat milk

This institution is an equal opportunity provider

Physical activity can improve learning!

Additional benefits of physical activity include: strong muscles and bones, weight control, better sleep and improved ability to handle physical and emotional challenges-Healthy Kids Challenge

Drink plenty of water!



Menu subject to change

# MARCH 2024

## Douglas County Community Schools

Lunch Prices:  
Pre-k/Elem: \$2.75  
MS/HS: \$3.00  
Adult/Visitor: \$4.60

Monday



Tuesday

Wednesday

Thursday

Friday

State fair corn dog  
OR  
French dip/au jus  
Sliced cucumbers  
Sweet mandarin oranges  
Fruit/veggie bar/Cheese-its

Mandarin orange chicken/rice  
OR  
Breaded pork patty on bun  
Steamed carrots & sugar snap peas  
Pineapple tidbits  
Fruit/veggie bar

Chicken nuggets  
OR  
Breaded mozzarella cheese sticks  
Steamed corn  
Strawberry apples  
Fruit/veggie bar/Trail mix

Pizza  
OR  
Sloppy joe on bun  
Baby carrots  
Peach cup  
Fruit/veggie bar

Maxx sticks/sauce  
OR  
Pork rib-let on hoagie  
OR  
Fish sticks  
Fruit/veggie bar/Cookie

Uncrustable/yogurt cup  
OR  
Falcon lunch bites  
OR  
Hoagie  
Fruit/veggie bar/French fries

Chicken fajitas/warm tortillas  
OR  
Beef walking taco  
Taco bar veggies/black beans  
Citrus mix  
Fruit/veggie bar

Crispitos/cheese sauce  
OR  
Chicken dumplings  
Steamed broccoli  
Diced peaches  
Fruit/veggie bar/Jello cake

NO LUNCH SERVED  
DISMISSED AT 11:45 AM

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

Pizza crunchers  
OR  
Hamburger on bun  
Baked beans/franks  
Cuties  
Fruit/veggie bar

**Breakfast for Lunch**  
French toast/sausage links  
OR  
Turkey BLT croissant  
Tri-tater  
Strawberries/cream  
Fruit/veggie bar

Teriyaki chicken/rice  
OR  
Grilled cheese/tomato soup  
Celery sticks/pb cup  
Fresh apple slices  
Fruit/veggie bar

Pulled pork nachos  
OR  
Chicken soft shell taco  
Taco bar veggies/diced avocado  
Mixed fruit  
Fruit/veggie bar

Cheese bread dunkers/sauce  
OR  
Fish filet on bun  
Sweet potato fries  
Raisels  
Fruit/veggie bar

**This institution is an equal opportunity provider**

All foods can fit with healthy balance!

Eat more fruits and veggies and choose them in a rainbow of colors to ensure healthy variety.

Remember to include active play every day-Healthy Kids Challenge