The following guidance is for the identification of students, faculty, and staff that may have had an exposure to a confirmed case of COVID-19 in a school setting. The more people a student or staff member interacts with, and the longer the interaction, the higher the risk of COVID-19 spread. Throughout the school year, schools should promote behaviors that reduce the spread of COVID-19, including; staying home when sick, hand hygiene and respiratory etiquette, face coverings (cloth masks or procedure masks), and social distancing.

A confirmed case of COVID-19 is identified in a school setting (student, faculty, and staff)

School administrators please call the Douglas County Health Department at 402.444.7214 to collaborate on identifying those individuals who have been exposed and may be at risk of infection.

Identify those individuals that were in close contact with the confirmed case from 48 hours before their symptoms began until the day they were sent home from school.

Individuals with Close Contact include; any individual within 6 feet of an infectious person for 15 minutes or more.

YES

Quarantine for 14 days from the last date of exposure, regardless of whether a mask or cloth face covering was worn. If symptoms develop, contact a healthcare provider.

Individuals who develop symptoms should be excluded for 10 days since symptoms first appeared. Please see the re-admittance guidance for schools.

If two or more cases are identified in a classroom, further control measures may be necessary.

NO

Continue routine monitoring for symptoms of COVID-19.

Quarantine means separating the exposed person from other people. As much as possible, the exposed individual should stay home in a specific room and away from other people in the home. Use a separate bathroom, if available. Stay home except to get urgent medical care and restrict activities outside of the home. Do not go to work, school, or public areas. Avoid using public transportation. Quarantine only applies to the exposed individual or individuals.

For questions regarding these guidelines, contact the Douglas County Health Department at 402.444.7214
Local Public Health Recommendations for Screening, Exclusion, and Re-Admittance of Ill Students and Staff for COVID-19 in Schools

The following symptom screening criteria for ill students and staff is based on the most current research. Because people with COVID-19 have reported a wide range of symptoms – from mild symptoms to severe illness – the local health department has developed the following criteria to assist schools in identifying presumptive positive COVID-19 cases.

Students with two or more of the following: fever (measured or subjective), chills, rigors, muscle aches, headache, sore throat, nausea, vomiting, diarrhea

OR

At least one of the following: new cough, shortness of breath, difficulty breathing, new loss of taste/smell,

OR

Has at least one symptom and answers yes to: Is there someone in your household who is currently in quarantine or currently positive for COVID-19?

1. Students and staff who screen positive should be immediately isolated in the designated area and sent home as soon as possible.

2. Require the symptomatic person to wear a cloth or surgical mask while waiting, if tolerable.

Re-Admittance to School

### Symptomatic staff/student who test positive:

Exclude for:
- At least 10 days since symptoms first appeared AND:
- At least 24 hours fever free without medication AND:
- Symptoms have improved

### Symptomatic staff/student not tested:

Exclude for:
- At least 10 days since symptoms first appeared AND:
- At least 24 hours with no fever without fever-reducing medication AND:
- Symptoms have improved

### Symptomatic staff/student who test negative:

Exclude until:
- 24 hours without fever (or meets the schools requirements for readmission) AND: improved symptoms

### Asymptomatic staff/student who test positive:

Exclude for:
- 10 days from date of test AND:
- If symptoms develop, refer to symptomatic positive instructions.

### Asymptomatic staff/student who test negative:

May return to school if a doctor establishes an alternative diagnosis and presents a doctors note.

*This length of time may need to be extended for people who have severe illness or are immunocompromised. Please consult DCHD or the health care provider for further guidance on those situations.

If a student or staff member tests positive for COVID-19, please call the Douglas County Health Department at: 402.444.7214


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8/3/2020